



News from Miss Tanner...



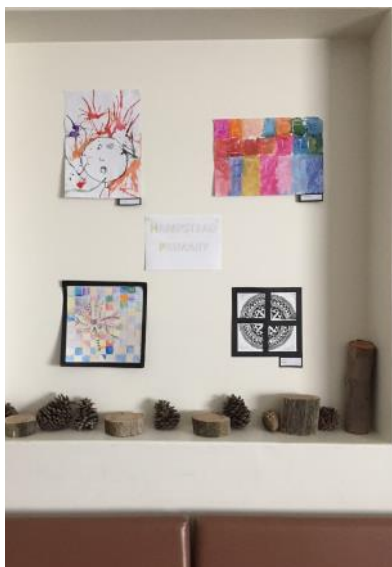
Graduation—November 6th

I will be meeting with all CU students over the next couple of weeks to count your hours.

http://childrensuniversity.com.au/adults/learning-destinations/why-become-a-learning-destination/?cu_region=SA

Hampstead Proud!

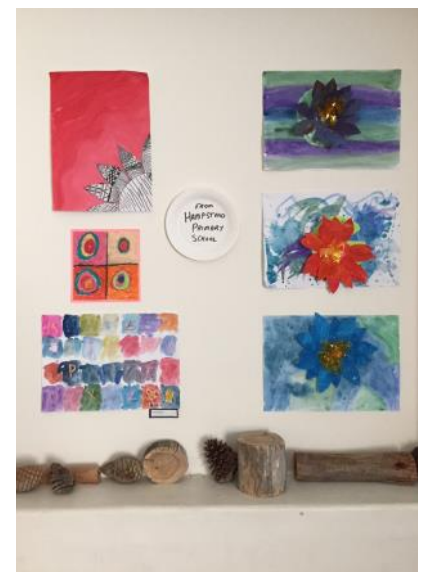
Hampstead Gardens Church Art Expedition



Our students work was displayed for our whole community to see.



"The Art & Craft Expo was a huge success"



"It was so good to have some art from your students on display on Saturday. Thank you."



Child & Adolescent Mental Health Service (CAMHS)

Child and Adolescent Mental Health Service (CAMHS)

CAMHS is a free community-based mental health service provided through SA Health's Women's and Children's Health Network. We provide mental health services to infants, children, adolescents and perinatal women and families. Services are provided across South Australia. See the next page for locations.

Our Staff

CAMHS teams have a range of experienced professional and administrative staff which may include social workers, psychologists, nurses, psychiatrists, speech pathologists, Aboriginal consultants and occupational therapists.

Our Goals

- To work in partnership with our clients, families and where appropriate, other agencies including:
 - those from Aboriginal and Torres Strait Islander and
 - Culturally and linguistically diverse (CALD) communities
 - as well as GP's and schools.
- To provide confidential therapeutic services for those who are having mental health related difficulties in emotional, behavioural and/or social areas of their lives.

Our Services

Our services include family and individual therapy, group programs for children and for parents/carers, and information for parents/carers as well as other stakeholders working with the family.

We specialise in:

- **Emotional issues** – anxiety, fears or worries, feelings of sadness and depression, low self-worth, grief and loss, self-harming, suicidal thinking, mood changes, relationship difficulties, school refusal and/or abuse.
- **Behavioural issues** – aggression, destructiveness, disruptiveness and/or distractibility.
- **Social issues** – social withdrawal, family conflict, and social isolation and/or friendship problems.
- **Mental illness** – confused or delusional thinking and/or hallucinations.

The time to contact CAMHS is when the young person and/or their family have talked with close friends or relatives, or to the school counsellor, or to their local doctor and the situation doesn't seem to be improving.

Our Referral Process

Anyone can ring to talk to the CAMHS duty worker about a referral to the service, for example the young person, parents, school counsellors, doctors, other agencies, professionals or community services.

Receiving a service from CAMHS is voluntary, and the young person will need to agree to the service being provided. In addition, if the young person is under 16 years of age, consent from the legal guardian is required prior to service provision.

Privacy

Information about clients' rights and responsibilities, and about how we manage personal information, will be sent before the first appointment. If you have any questions about this information, about CAMHS and how we work, or any other things you want to know, you can ring the CAMHS worker you're booked in to see, or ask at the first appointment.



www.ausgoal.gov.au/creative-commons



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